

Who said shower curtains were boring? Join the revival and splash out on an ultra-modern, ultra-stylish model. Shower curtain, \$72.82, Catherine David Designs. Centroform Kaldewei bath, \$4840, Plove ceiling shower head, \$290, 450mm arm, \$89, all Cass Brothers. Satin white floor tiles, \$23.95/square metre, CTM. Sway Can bin, \$15.90, Anasazi Trading. Men's rib robe, \$165, Clementine Design. Candles, from \$24.95 each, Candle Craft. Towel, as before.



home alone

Barricade the door. Forget the outside world. It's time for a little indulgence...

Pyjamas optional. Pampering essential

PRODUCED & STYLED BY MIA ASKER ASSISTED BY GEORGIA HARVEY SUTTON PHOTOGRAPHY LUCAS ALLEN



Keep bed and breakfast beautiful with a stylish tray.

Poppies quilt cover, queen \$279, pillowcase, \$77/pair, Perugia fitted sheet, queen \$160, New Loft standard pillowcase, \$125/pair, Moss River. Magis breakfast tray, \$149, ECC Lighting & Living. Origo crockery set, \$168/six-piece set, funkis Swedish Forms. Wagenfeld egg coddlers, \$31.90 each, Simon Johnson. Hackman Artik cutlery set, \$248/16-piece set, Peter's of Kensington. Cassina Levels bed side table, \$2795, Space. Lampan white table lamp, \$9, IKEA.



■ **WORRIED YOU SPEND** too much time in front of the telly? Compared to Americans, you've got nothing to worry about. While the average Australian watches two hours of TV each day, Americans spend four hours glued to the box. That means by the time they reach their 65th birthdays, they will have spent an incredible nine years in front of the TV.



leave the phone off the hook & wallow in the pleasure of being home alone



Beat the cold in style, with super-soft lambskins, fluffy angora pillows and chunky, textured throws. **ABOVE LEFT** Throws from top: Rule ribbed throw, \$149, Servi stripe throw, \$149, both Moss River. Red alpaca throw, \$239, Orson & Blake. Pelage TechnoWool throw, \$320, Ecu singlet throw, \$310, both Luna Gallery. Mohair throw in mulberry, \$145, St Albans. **ABOVE RIGHT** Collage des Fleurs modular sofa \$22,204, Design Warehouse. Matilda white roller blind, 140cm \$35, Inger stripe curtain, \$65/pair, Framat containers, (in window), \$1.95 each, all IKEA. Bemboka angora cushion, \$240, Plane Tree Farm. Majestic palm, \$80, ceramic pot, from \$215, both Cultivate. Cuba Libre throw, \$89, Paola Lenti floor rug, \$3965, both Moss River. Coup coffee table, \$1390, Otis TV unit, \$1690, both Fanuli Furniture. JB glass bowl, \$189, Orson & Blake. LG 20" LCD TV, \$4999, LG Electronics. **FAR LEFT** Ludde sheepskin, \$89, IKEA. Zylonite phone, \$145, Shop 46, Sydney Antique Centre. **LEFT** Saturnus 659 side table, \$1100, Panthella table lamp, \$515, Scandinavium. Bemboka rib throw, \$680, angora pillow, \$220, both Plane Tree Farm. littala Aarne jug, \$123, Peter's of Kensington. Duralex glass, \$3.50, Opus. Headphones, stylist's own. For stockists see page 158

Let colour enhance your mood
– relax with deep purples,
revive with vibrant reds.

Sushi extension **table**, \$2690,
Zoe **chair**, \$299, both Fanuli
Furniture. Faktum 80 base
cabinets, \$95 each, Applad
40/70 cupboard **doors**, \$50
each, Numerisk **counter top**,
180cm \$185, Tundra oak
flooring, \$42.94/2.26 square
metres, all IKEA. Smeg FAB28
fridge in cherry red, \$3190,
Omega Appliances. Forum
espresso **cups**, \$235/set of
four, Ligne Roset. Francis
Francis **coffee machine**,
\$895, Peter's of Kensington.
Bemboka rib **throw**, \$680,
Plane Tree Farm. Satin white
floor **tiles**, \$23.95/square
metre, CTM. All other items
as before.



Think retro, with funky appliances in heart-racing colours. **RIGHT** Smeg FAB28 fridge in cherry red, \$3190, Omega Appliances. Ceramic egg platter, \$19.95, Universal Enterprises. Origo dinner plate, \$168/six-piece set, funkis Swedish Forms. **BELOW** Otis TV unit, \$1690, Fanuli Furniture. Bubblegum dispenser, \$195, Shop 38, Sydney Antique Centre. **BOTTOM LEFT** Numerisk counter top, 180cm \$185, Vickning oven dish, 8cm \$1.50, both IKEA. Francis Francis coffee machine, \$895, Peter's of Kensington. Duralex espresso glasses, \$1.95 each, Opus. **BOTTOM RIGHT** Sevilla carafe, \$15.40, Ninguana Spanish glasses, \$9.36 each, Jarpen white shelf, \$24, Simon Johnson. For stockists see page 158



banish the winter blues with bold, bright colour



■ **TO GIVE YOUR** toast a dose of all things good, top it with **raspberry jam**. With their bright red colour, raspberries are rich in the **phytochemicals** that keep your heart healthy and give your **memory a boost**. What better excuse do you need? **hb**